

# SACWN

SACRAMENTO AREA CAREER  
WOMEN'S NETWORK INC.

VOLUME 11, NO. 3

MARCH, 1995

## OVER OUR HEADS AT SACWN!!



**OVER OUR HEADS** is one of the hottest women's comedy groups in the Bay Area. These four versatile women perform a new show every time, skillfully mixing improvisational comedy based on audience suggestions and hilarious pre-written songs. They've delighted audiences at the Michigan and West Coast Women's Music Festivals and have earned standing ovations and rave reviews throughout the West Coast.

Each player is vastly talented, bringing a wealth of delightful and moving characters, original pieces, audience interaction and musical styles to the show. Join SACWN when Karen Ripley, Teresa Chandler, Annie Larson and Marion Damon go way **OVER OUR HEADS!**

DATE:	Friday, March 17, 1995
PLACE:	Red Lion Hotel, 2001 Point West Way, Sacramento
TIME:	6:30 Networking; 7:30 Comedy
TICKETS:	\$15 Subscribers, \$20 Non-subscribers and at Door

See order form on inside back cover of this newsletter. An event for women over 21 only.



# SACWN<sup>INC.</sup>

## FROM THE STEERING COMMITTEE

How could 17% of the year be over already and when is the fog going to lift? Six weeks till I have to file my taxes, can you believe it? Isn't this the time to get just a little cranky about things?

Well, look to SACWN for the cure on March 17 at the Red Lion Hotel. Back by popular demand, *Over Our Heads* is an improvisational comedy group. It takes enormous talent to do "improv," to stand up in front of a audience and have the confidence that no matter where the show goes, you will make the audience laugh. Improvisation is never the same show twice. *Over Our Heads* will ask you, the audience, to decide the topics you want to laugh about and will follow your lead in developing the show. Karen Ripley, representative for the group noted, "The audience sets us up and we go from there. Any topic is fair game and yes, usually we get a bit naughty."

Many wonderful comedians have been playing around town, so SACWN looked for a different sort of

comedy for our March event. *Over Our Heads* is sure to provide the laughs we need to take us gayly into spring.

Another perscription for the relief of the February blues (or grays if you are looking at the sky) is to join one of the SACWN Special Interest Groups (SIGS). Several new groups are getting started and will provide an easy introduction to new friends with common interests. We know how hard it can be to meet new people at the larger SACWN functions. Join a SIG and you'll be on your way to feeling more a part of SACWN.

Many people call the office to talk about their "going alone to a function and don't know anyone there" anxiety. While most of us find ourselves in this spot at some time in our life, once familiar, we revert to migrating toward friends and not introducing ourselves to the women who seem to be at a program alone. If each one of us made one other person feel welcome, we could really increase the comfort level for everyone at SACWN. Please help!

Enjoy the spring, as she arrives. Have a happy Vernal Equinox and see you on the 17th!

### SACWN STEERING COMMITTEE

**Rosemary Mettrailer**, Corporate Coordinator  
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**Sandra Virago**  
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SACWN, Inc. newsletter is published monthly, ten times a year. No portion of this newsletter may be reproduced without written permission from SACWN, Inc. Letters to the Editor, articles and community announcements are welcome. Materials submitted may be edited and shortened based on available space. For more information, contact Sandy Virago at 451-8034.

### SACWN ADVERTISING RATES

Type	Member	Non-Mem
Business Card	\$25	\$37
3 1/4 x 1 3/4		
Two-column ad	\$40	\$60
4 1/2 x 2 3/4		
Quarter page	\$60	\$75
3 1/2 x 4 1/2		
Half page	\$90	\$135
7 1/8 x 4 1/2		
or 3 1/2 x 9 1/2		
Full page	\$160	\$240
7 1/2 x 9 1/2		
Classified ads (per word)	.40	.60
Discounts	1 year 20%	
(pre-paid)	1/2 year 10%	





## SPECIAL INTEREST GROUPS - MARCH

### SINGLE CONNECTION

What are these single women up to? Well, give Debbie a call at 209-334-0366.

### TOP TEN

These "over fifty" women are up to something. Call Lise to find out what at 452-4948.

### HIKING

Did your hiking boots get wet? Well, dry them out and we'll head out in March to wind, wildflowers and wildlife! Saturday, March 18, join us on a trip to Point Reyes to spot the tule elk and other wild life! Call Nancy at 454-5847.

### RAINBOW CAMPERS

**Attention Campers! This is it!** The annual Rainbow Campers planning and potluck meeting will be held on March 11 at 2 p.m. at Casey's Home. Please bring a dish to share, your calendars and chairs. Also welcome are brochures or info on past or potential great camping areas. For directions or additional information, call Casey at 366-7362. Let's go camping!

### NEWCOMERS GROUP

We have a "welcome" brunch on the last Sunday of the month. Join us if you are new to the area, new to SACWN or just "new." All members and facilitators invited to attend. RSVP to Angie at 395-4147 for time.

### GOLF

If the rain stops... Give Judy a call at 339-2201 to find out the details.

### THE WALKING GROUP

Let's walk! Reina can be reached at 448-5412.

### POKER

We love poker. Want to join us for a game? Call Kym and Jane at 649-1182.

### COUPLES CONNECTION

Lots of coupling going on! Call Leshia and Cinder at 676-0641 for info.

### CULTURE CLUB

Call Ann at 927-6038 to find out what these cultural women are doing!

### MOMS AND KIDS

Interested in meeting with other mothers and mothers to be? We meet the first weekend of the month, usually Saturday. Call Terisa at 753-0329.

### METAPHYSICAL GROUP

The Metaphysical Group will meet on March 18th at 4 p.m. The topic will be Reincarnation. Bring your soul memories with you. Contact C.J. at 366-7362 for info and directions.

### WILDLIFE, BIRDWATCHING AND PHOTOGRAPHY HIKES

Hike and explore the Sacramento delta and it's wildlife on Sunday, March 12 with our group. Call Linda at 921-9052 for more details.

### FLY FISHERWOMEN

A weekend trip is planned for March or April to Lake Davis for the DANFELFLY hatch. For information call Beth at 455-0904.

### LESBIAN OWNED

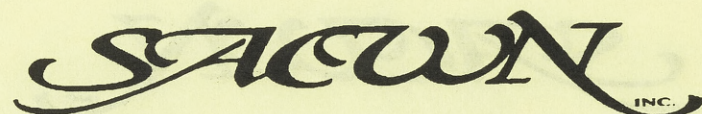
We are women business owners, managers and wantabe business owners. We have invited a speaker for our next meeting. She is from the SCORE group, a part of the Small Business Administration and will speak about developing a business plan and getting started. She promises great handouts! Join us at the SACWN office at 3031 F Street, Suite 201 on March 11th at 11:00 a.m. Call Sandy at 451-8034 for info and to RSVP.

### BRIDGE GROUP

Interested in playing bridge? Any level of skill welcomed. Meetings every other Sunday in March. Call Lenora after 6 p.m. for more information at 444-0102.







## SACWN CALENDAR FOR 1995

### Friday, March 17 - Over Our Heads

Red Lion Hotel, Sacramento. Improv comedy at it's best. See order form on inside back page.

### Friday, April 21

#### Second Annual SACWN Film Festival

See the films: *Coming Out is A Many Splendored Thing*, *A World of Light*, *Et L'Amour and Dyke TV*  
A fun evening of lesbian entertainment.

### Friday, May 19

#### SACWN Cruises on the River

Join SACWN for a private cruise at sunset on the Riverboat Mathew McKinley. A two hour tour of the Sacramento River includes hor d'oeuvres.

### IN THE COMMUNITY

March 2, 9, 16, 23 & 30 - Lesbian Support Group meets in Auburn at the Dewitt Center. Call 632-7080 for info message.

March 19 - Pancake Breakfast at Faces, 2000 K Street, Sacramento - From 10 to 2 p.m. A benefit for the Lambda Freedom Fair. Bring your appetite and \$1 per pancake! Interested in selling pancakes for SACWN? Call 451-8034 for info.



Been In An Accident?  
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- SUSIE BERGER • MAUREEN BROWNSEY

**SATURDAY, APRIL 1<sup>ST</sup>**

HAPPY HOUR 7 PM • SHOWTIME 8 PM

Tickets: BACW Members \$10, Non-Members \$12, Day of Event \$15

A SPECIAL EVENT FOR LESBIANS, GAY MEN & GAY FRIENDLY PEOPLE  
MUST BE 18 YRS. OR OLDER TO ATTEND

FOR TICKET INFORMATION CALL MARIAN (209) 577-3169

OR SEND SASE TO BACW, P.O. BOX 578241, MODESTO CA 95357-8241



# SACWN<sup>INC.</sup>

## SUCCESSFUL SACWNITE

Stephanie Wilson, this month's featured SACWNite, has had one very successful career and is embarking on a second. In her twenty year career in the Air Force, Stephanie reached the rank of Senior Master Sergeant, the next to the highest rank for a non-commissioned officer. Now retired, she is combining her love of travel and her love for her community into a travel agency with a specialty in meeting the needs of lesbians.

Born in Lodi, Stephanie's family moved to the San Diego area where she went to school. As a teenager, she was active in obedience training and the showing of dogs. "My sheltie and I earned the Companion Dog title and were pictured in *Dog World* magazine as a high scoring Junior Handler."

Stephanie enlisted in the US Air Force right out of high school. She served at Mather AFB, in Torrejon Spain, and near Biloxi, Mississippi. Even though she "found out about women during her tour in Spain," she married a great guy with three kids in 1980. More travel and promotions in her career took her to Andrews AFB in Maryland. She worked on the Inspector General's team to evaluate other units during the Operational Readiness Inspections. Serving in the Presidential Flight Support Office at the Pentagon, she pre-positioned cars and communication equipment for presidential visits. And she graduated second in a class of 135 at the Non-Commissioned Officers Academy at McGuire AFB.

The next year in Korea were especially hard on her family and she divorced in 1988. It took till 1990 for her to attend her first SACWN event ("It was JoAnn Loulan, I think!) That was during five years at Travis AFB which were followed by two years in Germany.

"In 1992 I met and fell in love with my best friend Patty. She separated from the Air Force and we made our home together. In November of 1994, I retired and returned to my favorite place, Sacramento."



"I had always dreamed of starting my own business when I retired. Travel was a natural for me. And I was so tired of hiding who I was in the military, I knew I wanted to cater to the gay community in my business."

She became an independent contractor for a major travel agency. Her relationship with the host travel agency allows her to take advantage of lower volume prices on tickets and lodging. "As an independent, I have the time to search in the computer for the very lowest of rates. I can be especially helpful to my business clients. I give very personalized service. It is a thrill to arrange a honeymoon trip for two women or to plan a getaway for three couples who like to travel together. In fact if there are 10 in a group, I can often find volume discounts to reduce prices even further."

The recent cost cutting measure of the airlines that caps the commission agents can earn has affected Stephanie. "But, because I'm independent and have a low overhead, I can take the cuts better than a large agency. Working out of my home, delivering the tickets or sending them registered mail keeps my cost low. I won't impose a fee on my customers for my service and I don't support the airline imposed cuts."

Success to Stephanie is "having a loving committed relationship, which I have. And the freedom to choose the direction my life is going. Success is having independence and security."

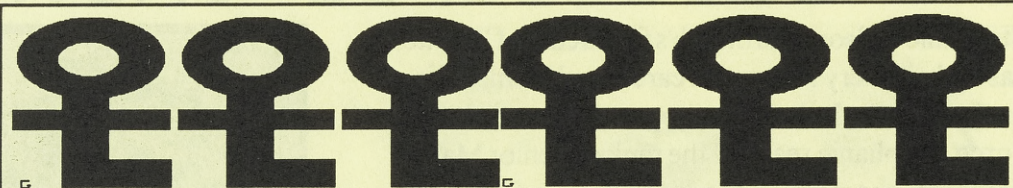


# SACWN<sup>INC.</sup>

"Wait, where's *SACWN SAYS*? Two, no, four pages are missing. What happened? That post office again, even after the rate hike."

"Oops, no, short month, short lead time, got behind, more next month, including a short story!"

"Oh, okay. Cheesh!"



*Karen Anne Watson*

*Artist*

"Fine watercolors and drawings with a technological twist."



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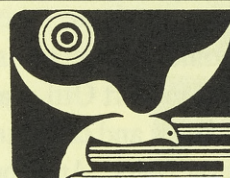


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CATEGORIES	RATES
Regular Subscriber	\$36/year
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Limited Income Subscriber* (Student/Senior/Disabled)	\$24/year
Sustaining Subscriber**	\$48/year

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3031 F Street, Suite 201, Sacramento, CA 95816**

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Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone(H) \_\_\_\_\_ (H) \_\_\_\_\_  
Phone(W) \_\_\_\_\_ (W) \_\_\_\_\_  
Career Interests  
(1) \_\_\_\_\_  
(2) \_\_\_\_\_

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Signature \_\_\_\_\_ Date \_\_\_\_\_

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\*LIMITED INCOME - We consider a person living on a limited income to be anyone who is having a difficult time paying for basic necessities - food, utilities and rent - and who rarely considers entertainment as part of her budget.

\* SENIORS - Age 65+ on Limited Income; STUDENTS - Students 21+ on Limited Income; DISABLED - Disabled Citizens on Limited Income.

\*\*SUSTAINING - Contributing a little extra to help supplement others (Seniors, Students, Disabled) on limited income.

## Over Our Heads

Mail in Ticket Form

Friday, March 17, 1995

6:30 p.m. Networking

7:30 p.m. Comedy

Red Lion Hotel  
2001 Point West Way  
Sacramento

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

	Per Person Price	# Tickets
Subscribers:	\$15	_____
Non-subscribers:	\$20	_____
Limited Income:	\$8	_____

All tickets at the door will be \$20  
Mail check, payable to SACWN, with **self addressed stamped envelope** to:

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3031 F Street, Suite 201  
Sacramento, CA 95816

**If no envelope is included,  
ticket(s) will be held at the door.**  
Tickets may be picked up at the office  
by **pre-arrangement**. Please call  
**before coming to the office for tickets.**  
For information, call **451-8034**.

This event is for women over 21 only.





# SACWN

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SACRAMENTO AREA CAREER  
WOMEN'S NETWORK INC.

3031 F Street, Suite 201  
Sacramento, CA 95816

**IT'S OVER OUR HEADS IN MARCH!!!**